

2019 Upward Basketball - Practice Schedule

January 7th - March 1st 2019

Trinity Presbyterian Gym (1452 W. Southlake Blvd)

	Monday	Tuesday	Thursday	Friday	Thursday***
4pm-5pm* <small>(*Fri 4:30-5:30)</small>	1 Mercury (3-4 G) - Matlock	Spurs (3-4 B) - Headington	Cavaliers (K) - McCall ¹	Sparks (3-4 G) - Stovall	
	2	Thunder (3-4 B) - Radigan	Trail Blazers (K) - Henderson	Bucks (1-2 B) - McClean	
	3	Pacers (1-2 B) - B. White	Sting (5-6 G) - Griffin	Liberty (5-6 G) - Nolan	
	4				
5pm-6pm	1 Celtics (K) - Bennett	Mavericks (1-2 B) - Lam	Heat (1-2 B) - Bass		
	2 Timberwolves (1-2 B) - A. Allen	Monarchs (1-2 G) - Killian	Knicks (1-2 B) - McCall ²		
	3 Dream (1-2 G) - Burns	Warriors (3-4 B) - Hunt	Fire (5-6 G) - Todd Harris		
	4 Bulls (1-2 B) - Williams	Grizzlies (1-2 B) - Boehm			
6pm-7pm	1 Hornets (K) - Andre	Comets (1-2 G) - Zeitsiff	Bobcats (K) - Moore		Kings (5-6 B) - Davis
	2 Aces (1-2 G) - Decker	Wizards (K) - Maples	Hawks (K) - Strawn		
	3 Magic (3-4 B) - Harkless ¹	Supersonics (K) - Detwiler	76ers (1-2 B) - Limer		
	4 Sky (1-2 G) - Trey Harris	Nets (1-2 B) - Kendrick	Storm (1-2 G) - J. Allen		
7pm-8pm** <small>(**Option for 90min practice for 5-6 Div Teams)</small>	1 Clippers (5-6 B) - Harkless ²	Lakers (5-6 B) - Lilley	Suns (5-6 B) - Le		
	2 Raptors (5-6 B) - Dugas	Wings (5-6 G) - Etheredge	Pistons (5-6 B) - Landry		
	3 Nuggets (3-4 B) - Rinn	Jazz (3-4 B) - Perry	Pelicans (3-4 B) - Staats		
	4 Rockets (3-4 B) - VanZuiden	Stars (3-4 G) - Grandy	Lynx (3-4 G) - Monrad		

John Monrad: 817-706-8387
 Brian Decker: 817-312-4746

*** Alt practice location
 Southlake Baptist Church
 (1101 N. Carroll, Southlake)

K	1-2 Boys	3-4 Boys	5-6 Boys
1 Bobcats (K) - Moore	1 76ers (1-2 B) - Limer	1 Jazz (3-4 B) - Perry	1 Clippers (5-6 B) - Harkless ²
2 Cavaliers (K) - McCall ¹	2 Bucks (1-2 B) - McClean	2 Magic (3-4 B) - Harkless ¹	2 Kings (5-6 B) - Davis
3 Celtics (K) - Bennett	3 Bulls (1-2 B) - Williams	3 Nuggets (3-4 B) - Rinn	3 Lakers (5-6 B) - Lilley
4 Hawks (K) - Strawn	4 Grizzlies (1-2 B) - Boehm	4 Pelicans (3-4 B) - Staats	4 Pistons (5-6 B) - Landry
5 Hornets (K) - Andre	5 Heat (1-2 B) - Bass	5 Rockets (3-4 B) - VanZuiden	5 Raptors (5-6 B) - Dugas
6 Supersonics (K) - Detwiler	6 Knicks (1-2 B) - McCall ²	6 Spurs (3-4 B) - Headington	6 Suns (5-6 B) - Le
7 Trail Blazers (K) - Henderson	7 Mavericks (1-2 B) - Lam	7 Thunder (3-4 B) - Radigan	
8 Wizards (K) - Maples	8 Nets (1-2 B) - Kendrick	8 Warriors (3-4 B) - Hunt	
	9 Pacers (1-2 B) - B. White		
	10 Timberwolves (1-2 B) - A. Allen		
	1-2 Girls	3-4 Girls	5-6 Girls
	1 Aces (1-2 G) - Decker	1 Lynx (3-4 G) - Monrad	1 Fire (5-6 G) - Todd Harris
	2 Comets (1-2 G) - Zeitsiff	2 Mercury (3-4 G) - Matlock	2 Liberty (5-6 G) - Nolan
	3 Dream (1-2 G) - Burns	3 Sparks (3-4 G) - Stovall	3 Sting (5-6 G) - Griffin
	4 Monarchs (1-2 G) - Killian	4 Stars (3-4 G) - Grandy	4 Wings (5-6 G) - Etheredge
	5 Sky (1-2 G) - Trey Harris		
	6 Storm (1-2 G) - J. Allen		